

August **Entertainment**

2nd - Myles
at 2:00pm

9th – Art
at 2:00pm

10th – Helen
at 2:00pm

16th – Hal
at 2:00pm

17th - Pub Night
Gary at 6:30

From the IPAC Lead

Summer is in full swing and we hope everyone is enjoying the beautiful weather, but keep in mind, respiratory season is just around the corner! To be well equipped, we are sharing some reminders and tips to help keep everyone safe and reduce the transmission of infections at Moira Place!

Hand Hygiene is the #1 defence against infection!

Moments of Hand Hygiene for Families include: Entry and Exit: Always sanitize hands immediately when entering Moira Place and upon entering or leaving a resident's room. Meals and Snacks: Clean hands before and after preparing or eating food. Wash up before feeding your loved one or helping them with snacks.

Personal Care: Sanitize before and after providing physical assistance (like helping them move). After Touching Surfaces and after touching shared items, using common washrooms, elevator buttons, or other communal area surfaces (Fireside Lounge). Alcohol-based hand rubs (ABHR) are the first choice for hand hygiene when hands are NOT visibly soiled. Wash hands with soap and water when hands are visibly soiled, or if enteric symptoms are present (vomiting, diarrhea).

Self Screening is key prior to coming to visit your loved one!

Assess for: fever, chills, cough, shortness of breath, sore throat, runny nose/congestion, vomiting, diarrhea, nausea.

If you are experiencing any of these symptoms, please do not visit. If any questions or concerns arise, please speak with Jessica Couture, RPN, IPAC Lead.

Thank you!





**Residents have been
enjoying some
gardening**



