



415 River Street W. Tweed, ON. K0K 3J0, P. O. Box 200

[www.moiraplace.com](http://www.moiraplace.com)

February 2026

# The Messenger



## February **Entertainment**

**4th - Manning Bros.  
at 2:00pm**

**11th – Kathy  
at 2:00pm**

**18th – Wayne  
at 2:00pm**

**19th – Gary  
at 6:30pm  
Pub Night**

**25th - Darlene  
at 2:00pm**

### From the Administrator

We're making our way through the winter season. Flu season is upon us and if you have not had your flu shot yet, we would like to encourage you to do so. The Ontario government is also offering a vaccine for RSV, which we've seen circulating through the province this season. The vast majority of our residents have received their flu shots, which is very impressive. Thank you very much to everyone who has decided to get immunized against the flu and we're doing all that we can to keep the flu out of our Home. As well as getting your flu shot, we ask that you self screen before entering the home, which has become the norm since the pandemic. This can be a challenging task for some; however, we ask that you keep in mind those most at risk; our seniors and young children.

Falls prevention is top of mind for us every day here at Moira Place, and although we recognize that we will never be able to completely prevent falls, our goal is to prevent ***injuries*** from falls. We have an active "Falls Prevention" committee that meets monthly and carries out a number of duties, including: reviewing the incidence of falls and the severity of falls within the Home relative to Continuous Quality Improvement indicators; providing education to residents and family members regarding risk reduction tips; providing education to staff on risk identification, the implementation of risk reduction strategies, and emergency response to residents who have fallen. We do several assessments and involve our Physiotherapist in strategies to help increase your strength, and to hopefully prevent the fall in the first place. If you have any questions or concerns in regard to falls for yourself or your loved one, please don't hesitate to talk to the Charge Nurse in each Home Area, or Camron Parker, our Associate Director of Care.

We are looking forward to springtime, the increase of daylight hours and sunshine ☀️

Tera Pollock,  
Administrator





# Enjoying the Winter Wonderland





